



Louisiana Spirit Helpline
800-273-TALK

Rebuilding begins with families.

A close-up, profile view of an elderly woman's face, showing deep wrinkles and a gentle expression. She is looking slightly upwards and to the right. The background is a soft, out-of-focus landscape with rolling hills under a blue sky.

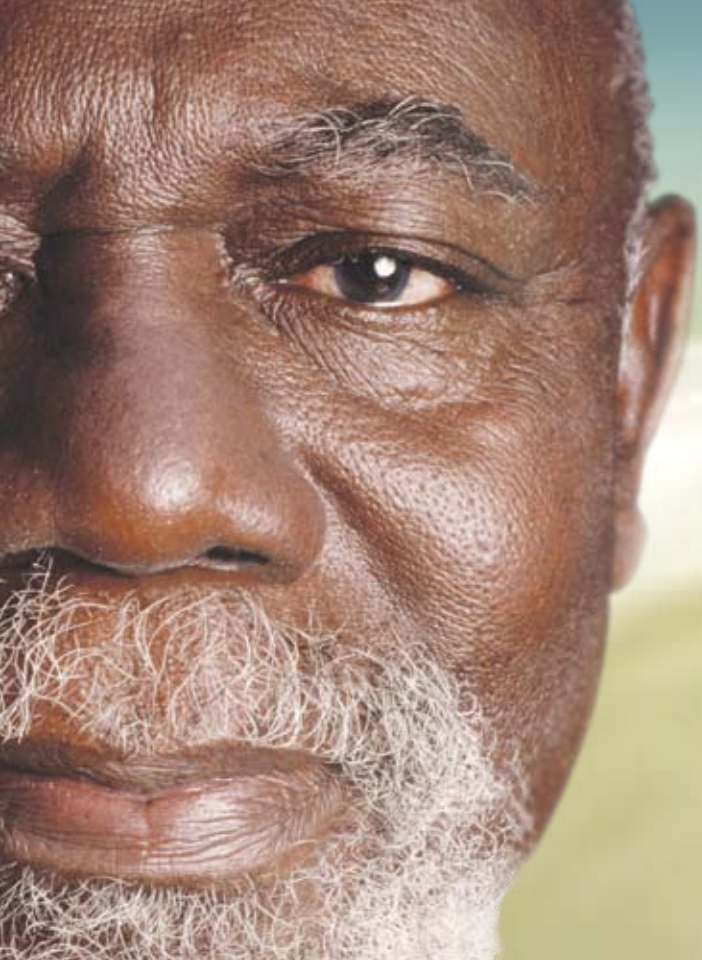
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Talk, 2 years after.



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You're rebuilding you. Let's talk.



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Faith, courage and a phone number.